

SRMC MOBILE MEALS ~ Week 2

	REGULAR		DIABETIC		NAS		DIABETIC NAS	
M O N D A Y	Seasoned Baked Chicken Rice Pilaf Garden Peas Mixed Fruit Gelatin Egg Salad/Bun Apple 2% Milk	1 C 1/2 C 1 1 1/3C 1 2	Seasoned Baked Chicken Rice Pilaf Garden Peas Mixed Fruit LC Gelatin Egg Salad/Bun Apple 2% Milk	1 C 1/2 C 1 1 1/3C 1 2	Seasoned Baked Chicken Rice Pilaf Garden Peas Mixed Fruit Gelatin Egg Salad/Bun Apple 2% Milk	1 C 1/2 C 1 1 1/3C 1 2	Season Baked Chicken Rice Pilaf Garden Peas Mixed Fruit LC Gelatin Egg Salad/Bun Apple 2% Milk	1 C 1/2 C 1 1 1/3C 1 2
T U E S D A Y	Chicken Pot Pie Homestlye Biscuit Green Beans Banana Choc Chip Cookie Ham/Swiss/Bun Diced Pears 2% Milk	1C 1 1/2 C 1 1 2/1oz 1 2	Chicken Pot Pie Homestlye Biscuit Green Beans Banana Choc Chip Cookie Ham/Swiss/Bun Diced Pears 2% Milk	1C 1 1/2 C 1 1 2/1oz 1 2	Chicken Pot Pie Homestlye Biscuit Green Beans Banana Choc Chip Cookie Tuna Salad/Bun Diced Pears 2% Milk	1C 1 1/2 C 1 1 2/1oz 1 2	Chicken Pot Pie Homestlye Biscuit Green Beans Banana Choc Chip Cookie Tuna Salad/Bun Diced Pears 2% Milk	1C 1 1/2 C 1 1 2/1oz 1 2
W E D N E S D A Y	Beef & Broccoli Stir Fry Fluffy Rice Vegetable Blend Orange Chocolate Pudding Chicken Salad/ Bun Applesauce 2% Milk	1C 1/2 C 1/2 C 1 1 1/3 C 1 2	Beef & Broccoli Stir Fry Fluffy Rice Vegetable Blend Orange LC Choc Pudding Chicken Salad/ Bun Applesauce 2% Milk	1C 1/2 C 1/2 C 1 1 1/3 C 1 2	Beef & Broccoli Stir Fry Fluffy Rice Vegetable Blend Orange LC Choc Pudding Chicken Salad/Bun Applesauce 2% Milk	1C 1/2 C 1/2 C 1 1 1/3 C 1 2	Beef & Broccoli Stir Fry Fluffy Rice Vegetable Blend Orange LC Choc Pudding Chicken Salad/Bun Applesauce 2% Milk	1C 1/2 C 1/2 C 1 1 1/3 C 1 2
T H U R S D A Y	Lasagna Green Beans Side Salad Dressing (2) Diced Peaches Sugar Cookie Turkey/Swiss/Bun Diced Peaches 2% Milk	1 pc 1/2 C 1 1oz 1 1 2/1 oz 1 2	Lasagna Green Beans Side Salad Dressing (2) Diced Peaches Sugar Cookie Turkey/Swiss/Bun Diced Peaches 2% Milk	1 pc 1/2 C 1 1oz 1 1 2/1oz 1 2	Lasagna Green Beans Side Salad Dressing (2) Diced Peaches Sugar Cookie Turkey/Swiss/Bun Diced Peaches 2% Milk	1 pc 1/2 C 1 1oz 1 1 2/1oz 1 2	Lasagna Green Beans Side Salad Dressing (2) Diced Peaches Sugar Cookie Turkey/Swiss/Bun Diced Peaches 2% Milk	1 pc 1/2 C 1 1oz 1 1 2/1oz 1 2

F R I D A Y	Macaroni & Cheese	1C	Macaroni & Cheese	1C	Macaroni & Cheese	1C	Macaroni & Cheese	1C
	Mixed Vegetables	1/2 C	Mixed Vegetables	1/2 C	Mixed Vegetables	1/2 C	Mixed Vegetables	1/2 C
	Mandarin Oranges	1	Mandarin Oranges	1	Mandarin Oranges	1	Mandarin Oranges	1
	Salami/Amer/Bun	2/1oz	Salami/Amer/Bun	2/1oz	Egg Salad/Bun	2/1oz	Egg Salad/Bun	2/1oz
	Vanilla Pudding	1	LC Van Pudding	1	Vanilla Pudding	1	LC Van Pudding	1
	Apple	1	Apple	1	Apple	1	Apple	1
	2% Milk	2	2% Milk	2	2% Milk	2	2% Milk	2