

SRMC MOBILE MEAL ~ WEEK 4

	REGULAR		DIABETIC		NAS		DIABETIC NAS	
M O N D A Y	Johnny Marzetti Roasted Cauliflower Mixed Fruit Vanilla Pudding Chicken Salad/Bun Apple 2% Milk	1 C 1/2 C 1 1 2/1oz 1 2	Johnny Marzetti Roasted Cauliflower Mixed Fruit LC Vanilla Pudding Chicken Salad/Bun Apple 2% Milk	1 C 1/2 C 1 1 2/1oz 1 2	Johnny Marzetti Roasted Cauliflower Mixed Fruit Vanilla Pudding Chicken Salad/Bun Apple 2% Milk	1 C 1/2 C 1 1 2/1oz 1 2	Johnny Marzetti Roasted Cauliflower Mixed Fruit LC Vanilla Pudding Chicken Salad/Bun Apple 2% Milk	1 C 1/2 C 1 1 2/1oz 1 2
T U E S D A Y	Breaded Pork Chop Company Potatoes Glazed Baby Carrots Applesauce Choc Chip Cookie Egg Salad/Bun Mandarin Oranges 2% Milk	3oz 1/2 C 1/2 C 1 1 1/3 C 1 2	Breaded Pork Chop Potatoes Glazed Baby Carrots Applesauce Choc Chip Cookie Egg Salad/Bun Mandarin Oranges 2% Milk	3oz 1/2C 1/2C 1 1 1/3C 1 2	Breaded Pork Chop Potatoes Glazed Baby Carrots Applesauce Choc Chip Cookie Egg Salad/Bun Mandarin Oranges 2% Milk	3oz 1/2C 1/2C 1 1 1/3C 1 2	Breaded Pork Chop Potatoes Glazed Baby Carrots Applesauce Choc Chip Cookie Egg Salad/Bun Mandarin Oranges 2% Milk	3oz 1/2C 1/2C 1 1 1/3C 1 2

W E D N E S D A Y	Homestyle Turkey Whipped Potatoes/ Gravy Garden Peas Banana Gelatin Salami/Provolone/ Bun Diced Pears 2% Milk	3oz 1/2 C 1/2 C 1 1 2/1oz 1 2	Homestyle Turkey Whipped Potatoes/ Gravy Garden Peas Banana Gelatin Salami/Provolone/ Bun Diced Pears 2% Milk	3oz 1/2 C 1/2 C 1 1 2/1oz 1 2	Homestyle Turkey Whipped Potatoes/ Gravy Garden Peas Banana Gelatin Turkey/Swiss/ Bun Diced Pears 2% Milk	3oz 1/2 C 1/2 C 1 1 2/1oz 1 2	Homestyle Turkey Whipped Potatoes/ Gravy Garden Peas Banana Gelatin Turkey/Swiss/ Bun Diced Pears 2% Milk	3oz 1/2 C 1/2 C 1 1 2/1oz 1 2
T H U R S D A Y	Salisbury Steak/ Gravy Fluffy Noodles Mixed Vegetables Grapes Turkey/Swiss/Bun Lorna Doone Applesauce 2% Milk	3 oz 1/2 C 1/2 C 15 2/1oz 1pk 1 2	Salisbury Steak/ Gravy Fluffy Noodles Mixed Vegetables Grapes Turkey/Swiss/Bun Lorna Doone Applesauce 2% Milk	3 oz 1/2 C 1/2 C 15 2/1oz 1pk 1 2	Salisbury Steak/ Gravy Fluffy Noodles Mixed Vegetables Grapes Turkey/Swiss/Bun Lorna Doone Applesauce 2% Milk	3 oz 1/2 C 1/2 C 15 2/1oz 1pk 1 2	Salisbury Steak/ Gravy Fluffy Noodles Mixed Vegetables Grape Turkey/Swiss/Bun Lorna Doone Applesauce 2% Milk	3 oz 1/2 C 1/2 C 15 2/1oz 1pk 1 2
F R I D A Y	Mac n Cheese Green Beans Orange Ham/Swiss/Bun Chocolate Pudding Diced Peaches 2% Milk	1 C 1/2 C 1 2oz/1 1 1 2	Mac n Cheese Green Beans Orange Ham/Swiss/Bun LC Choc. Pudding Diced Peaches 2% Milk	1 C 1/2 C 1 2/1oz 1 1 2	Mac n Cheese Green Beans Orange Chicken Salad/Bun Chocolate Pudding Diced Peaches 2% Milk	1 C 1/2 C 1 2oz/1 1 1 2	Mac n Cheese Green Beans Orange Chicken Salad/Bun LC Choc. Pudding Diced Peaches 2% Milk	1 C 1/2 C 1 2oz/1 1 1 2