

SRMC MOBILE MEALS ~ WEEK 3

	REGULAR		DIABETIC		NAS		DIABETIC NAS	
M O N D A Y	Beef Enchilada Casserole	1pc	Beef Enchilada Casserole	1pc	Beef Enchilada Casserole	1pc	Beef Enchilada Casserole	1pc
	Buttered Corn	1/2 C	Buttered Corn	1/2 C	Buttered Corn	1/2 C	Buttered Corn	1/2 C
	Mixed Fruit	1	Mixed Fruit	1	Mixed Fruit	1	Mixed Fruit	1
	Lorna Doones	1	Lorna Doones	1	Lorna Doones	1	Lorna Doones	1
	Ham/Swiss/Bun	2/1oz	Ham/Swiss/Bun	2/1oz	Turkey/Swiss/Bun	2/1oz	Turkey/Swiss/Bun	2/1oz
	Applesauce	1	Applesauce	1	Applesauce	1	Applesauce	1
	2% Milk	2	2% Milk	2	2% Milk	2	2% Milk	2
T U E S D A Y	Orange Chicken	1 C	Orange Chicken	1 C	Orange Chicken	1 C	Orange Chicken	1 C
	Fluffy Rice	1/2 C	Fluffy Rice	1/2 C	Fluffy Rice	1/2 C	Fluffy Rice	1/2 C
	Sliced Carrots	1/2 C	Sliced Carrots	1/2 C	Sliced Carrots	1/2 C	Sliced Carrots	1/2 C
	Banana	1	Banana	1	Banana	1	Banana	1
	Choc Chip Cookie	1	Choc Chip Cookie	1	Choc Chip Cookie	1	Choc Chip cookie	1
	Tuna Salad/Bun	1/3 C	Tuna Salad/Bun	1/3 C	Tuna Salad/Bun	1/3 C	Tuna Salad/Bun	1/3 C
	Diced Peaches	1	Diced Peaches	1	Diced Peaches	1	Diced Peaches	1
	2% Milk	2	2% Milk	2	2% Milk	2	2% Milk	2
W E D N E S D A Y	Homestyle Meatloaf	3oz	Homestyle Meatloaf	3oz	Homestyle Meatloaf	3oz	Homestyle Meatloaf	3oz
	Whipped Potatoes w/ Gravy	1/2 C	Whipped Potatoes w/ Gravy	1/2 C	Whipped Potatoes w/ Gravy	1/2 C	Whipped Potatoes w/ Gravy	1/2 C
	Prince Ed. Blend	1/2 C	Prince Ed Blend	1/2 C	Prince Ed Blend	1/2 C	Prince Ed Blend	1/2 C
	Apple	1	Apple	1	Apple	1	Apple	1
	Gelatin	1	LC Gelatin	1	Gelatin	1	LC Gelatin	1
	Turkey/Swiss/Bun	2/1oz	Turkey/Swiss/Bun	2/1oz	Turkey/Swiss/Bun	2/1oz	Turkey/Swiss/Bun	2/1oz
	Diced Pears	1	Diced Pears	1	Diced Pears	1	Diced Pears	1
	2% Milk	2	2% Milk	2	2% Milk	2	2% Milk	2

T H U R S D A Y	Sloppy Joe Bun Tater Tots Green Beans Orange Chocolate Pudding Chef Salad/Dressing Applesauce 2% Milk ** 3 Dressing	1/2 C 1 1/2 C 1/2 C 1 1 1 1 2	Sloppy Joe Bun Tater Tots Green Beans Orange LC Choc Pudding Chef Salad/Dressing Applesauce 2% Milk **3 Dressing	1/2 C 1 1/2 C 1/2 C 1 1 1 1 2	Sloppy Joe Bun Tater Tots Green Beans Orange Choc Pudding Chef Salad/Dressing Applesauce 2% Milk ** 3 Dressing	1/2 C 1 1/2 C 1/2 C 1 1 1 1 2	Sloppy Joe Bun Tater Tots Green Beans Orange LC Choc Pudding Chef Salad/Dressing Applesauce 2% Milk ** 3 Dressing	1/2 C 1 1/2 C 1/2 C 1 1 1 1 2
F R I D A Y	Chicken Broccoli Alfredo Garden Peas Banana Gelatin Egg Salad/Bun Mandarin Oranges 2% Milk	1 C 1/2 C 1 1 1/3 C 1 2	Chicken Broccoli Alfredo Garden Peas Banana LC Gelatin Egg Salad/Bun Mandarin Oranges 2% Milk	1 C 1/2 C 1 1 1/3 C 1 2	Chicken Broccoli Alfredo Garden Peas Banana Gelatin Egg Salad/Bun Mandarin Oranges 2% Milk	1 C 1/2 C 1 1 1/3 C 1 2	Chicken Broccoli Alfredo Garden Peas Banana LC Gelatin Egg Salad/Bun Mandarin Oranges 2% Milk	1 C 1/2 C 1 1 1/3 C 1 2